

BIOS 7345: Advanced Regression for Independent Data

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Set 8: Regularization

Version: 06/11/2025

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- 1 Penalized regression
- 2 The ridge penalty
- 3 The LASSO penalty

Motivation:

- So far, we have assumed that our $N \times K$ design matrix, \mathbf{X} , is such that its K predictors could be supported by N observations ($N \gg K$).
- However, sometimes the covariate space that we're seeking to understand is extremely high-dimensional relative to any sample size we can reasonably obtain.
 - ▶ We estimate that humans have about 20,000-25,000 genes.
 - ▶ ...and about 3.2 billion base pairs.
- We can handle non-full rank \mathbf{X} for $N \gg K$.
- However, OLS is not equipped to handle $N \leq K$, and the case where $N \not\gg K$ is far from optimal.
 - ▶ Some rules of thumb call for at least ten independent observations for each one degree of freedom used.
- In these notes, consider \mathbf{X} fixed for simplicity of calculations.

Degrees of freedom:

- One way to define degrees of freedom used by a model (in the case of constant variance) is through the relationship between the observed and fitted values:

$$\text{df}(\hat{\mathbf{y}}) = \frac{1}{\sigma^2} \sum_{i=1}^N \text{Cov}[Y_i, \hat{Y}_i]$$

- We can use this to show that OLS uses K degrees of freedom:

$$\begin{aligned} \text{df}(\hat{\mathbf{y}}) &= \frac{1}{\sigma^2} \sum_{i=1}^N \text{Cov}[Y_i, \mathbf{x}_i^T (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{x}_i Y_i] \\ &= \frac{1}{\sigma^2} \sum_{i=1}^N \mathbf{x}_i^T (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{x}_i \text{Cov}[Y_i, Y_i] \\ &= \sum_{i=1}^N \mathbf{x}_i^T (\mathbf{X}^T \mathbf{X})^{-1} \mathbf{x}_i = \text{tr}(\mathbf{P}) = \sum_{i=1}^N h_i = K. \end{aligned}$$

Degrees of freedom:

- Intuitively, the more degrees of freedom used by a model, the more closely correlated the fitted and observed values. Adding more degrees of freedom to a model improves the model's fit *to the data*.
- The problem is that our goal is not simply to predict observations in our own data, but to use the data to predict observations *external* to our data.
- Many machine-learning approaches focus on ways to balance the following trade-off:
 - ▶ Allowing the model to use available covariate information.
 - ▶ Controlling the model from overfitting the data.
- We'll focus in this set of notes specifically on penalized least squares.
- Note, however, that I am doing **nothing** in this set of notes to address proper *selection* of a penalty (e.g., through cross-validation, the subject of other courses).

Prediction error: Bias-variance decomposition

- Controlling degrees of freedom is central to being able to navigate the bias-variance trade-off
- Consider the goal of estimating $E[Y] = f(\mathbf{x})$.
- Estimate f with \hat{f} .
- Consider random out-of-sample observation, (\mathbf{x}_0, Y_0) .
- Mean squared error at \mathbf{x}_0 is:

$$\begin{aligned} E[(Y_0 - \hat{f}(\mathbf{x}_0))^2] &= E[(Y_0 - E[Y_0])^2] + E[(E[Y_0] - E[\hat{f}(\mathbf{x}_0)])^2] \\ &\quad + E[(\hat{f}(\mathbf{x}_0) - E[\hat{f}(\mathbf{x}_0)])^2] \\ &= \sigma_{Y_0}^2 + \text{Bias}^2(\hat{f}(\mathbf{x}_0)) + \text{Var}(\hat{f}(\mathbf{x}_0)). \end{aligned}$$

- Prediction error: trade-off between bias and variance.
 - ▶ **Bias**: Model correctly captures f on average?
 - ▶ **Variance**: Model precisely captures relationship?

PENALIZED REGRESSION

Important figure: Fundamental machine learning concepts

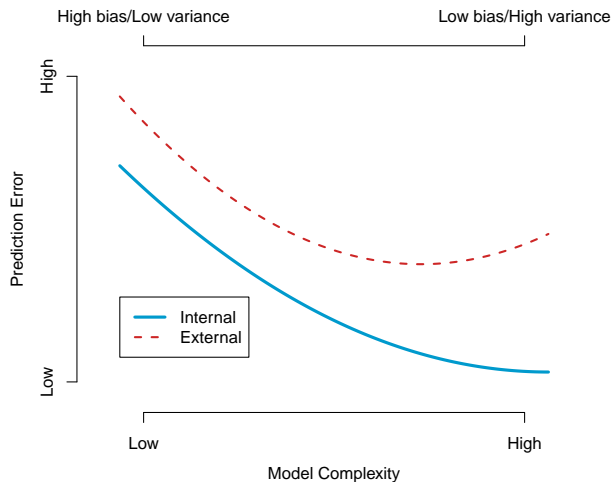


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Objective function:

- We understand OLS, as the following optimization problem:

$$\hat{\boldsymbol{\beta}} = \underset{\boldsymbol{\beta}}{\operatorname{argmin}} \{ \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 \}.$$

- One way to control the degrees of freedom used by the model is to shrink some of the coefficients toward zero.
 - ▶ Including a predictor in a model in an unconstrained fashion uses one degree of freedom.
 - ▶ Leaving the predictor out of the model effectively treats the corresponding coefficient as zero and uses no degrees of freedom.
 - ▶ Intuitively, including a predictor in a model with a shrunken coefficient should use “somewhere between zero and one” degrees of freedom.

Objective function:

- Suppose we add a penalty to the objective function:

$$\hat{\boldsymbol{\beta}}_{\lambda} = \underset{\boldsymbol{\beta}|\lambda}{\operatorname{argmin}} \{ \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \|\boldsymbol{\beta}\|^2 \}.$$

- The parameter λ is not “estimated” per se, but rather “chosen” by the researcher in some informed way (typically data-driven, but more on this later).
 - ▶ $\lambda = 0$: this is just the OLS problem (K degrees of freedom).
 - ▶ $\lambda = \infty$: $\hat{\boldsymbol{\beta}} = \mathbf{0}$ (zero degrees of freedom).
 - ▶ $0 < \lambda < \infty$: $\|\hat{\boldsymbol{\beta}}\|^2$ shrunken toward 0 (>0 , $<K$ degrees of freedom).

Objective function:

- How do we obtain a solution to this optimization problem?

$$\hat{\boldsymbol{\beta}}_{\lambda} = \underset{\boldsymbol{\beta}}{\operatorname{argmin}} \{ \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \|\boldsymbol{\beta}\|^2 \}.$$

- This is a convex loss function; the calculus is similar to the OLS case:

$$\begin{aligned} \frac{\partial}{\partial \boldsymbol{\beta}} (\|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \|\boldsymbol{\beta}\|^2) &= -2\mathbf{X}^T(\mathbf{y} - \mathbf{X}\boldsymbol{\beta}) + 2\lambda\boldsymbol{\beta} \\ &= -2\mathbf{X}^T\mathbf{y} + 2\mathbf{X}^T\mathbf{X}\boldsymbol{\beta} + 2\lambda\boldsymbol{\beta} \\ \Rightarrow \hat{\boldsymbol{\beta}}_{\lambda} &= (\mathbf{X}^T\mathbf{X} + \lambda\mathbf{I})^{-1}\mathbf{X}^T\mathbf{y}. \end{aligned}$$

Solution to penalized least squares equations:

- For the ridge penalty, there is a closed-form solution:

$$\hat{\boldsymbol{\beta}}_{\lambda} = (\mathbf{X}^T \mathbf{X} + \lambda \mathbf{I})^{-1} \mathbf{X}^T \mathbf{y}.$$

- Letting d_1, \dots, d_K denote the singular values of \mathbf{X} , we have that:

$$\text{df}_{\lambda}(\hat{\mathbf{y}}) = \sum_{k=1}^K \frac{d_k^2}{d_k^2 + \lambda},$$

which you will prove for homework!

- ▶ Note that d_k^2 is an eigenvalue of $\mathbf{X}^T \mathbf{X}$.
- Quick checks of sensibility:
 - ▶ If $\lambda = 0$, then $\text{df}_{\lambda}(\hat{\mathbf{y}}) = K$.
 - ▶ If $\lambda = \infty$, $\text{df}_{\lambda}(\hat{\mathbf{y}}) = 0$.

Penalized estimates:

- It is computationally cleaner to center the variables to avoid estimating the intercept (though I can estimate it on the back end).
- The ridge regression is not scale-invariant!!
 - ▶ If one of the predictors is height, I get a different answer depending on whether I measure in inches, feet, meters, etc.
 - ▶ We can deal with this by scaling everything to have unit variance prior to estimation.
- If $\hat{\boldsymbol{\beta}}_\lambda$ denotes the standardized (centered/scaled) estimates:
 - ▶ The penalized coefficients can be obtained as $\sigma_Y \text{diag}(1/\sigma_{x_k}) \hat{\boldsymbol{\beta}}_\lambda$.
 - ▶ $\hat{\beta}_{\lambda,0} = \mu_y - \sigma_Y \text{diag}(1/\sigma_{x_k}) \boldsymbol{\mu}_X^\top \hat{\boldsymbol{\beta}}_\lambda$ is the penalized intercept.

Simulation: Parameter setup

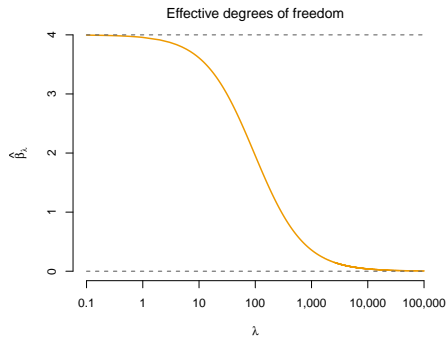
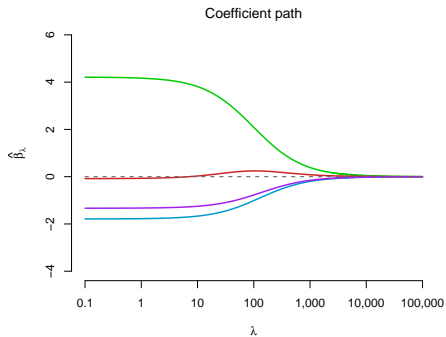
```
1 ## Set seed for reproducibility
2 set.seed(7345)
3
4 ## Set sample size
5 n <- 100
6
7 ## Generate predictors
8 x <- rmvnorm(n, mean = rep(0, 4), sigma = 0.5*diag(4))
9
10 ## Generate outcome
11 y <- 3 + 4*x[,1] - 2*x[,2] + 0.1*x[,3] - 1*x[,4] + rnorm(n, 0, 2)
12
13 ## Center/scale variables
14 means <- colMeans(x); sds <- apply(x, 2, sd)
15 meanY <- mean(y); sdY <- sd(y)
16 x1 <- (x[,1] - means[1])/sds[1]
17 x2 <- (x[,2] - means[2])/sds[2]
18 x3 <- (x[,3] - means[3])/sds[3]
19 x4 <- (x[,4] - means[4])/sds[4]
20 y <- (y - meanY)/sdY
```

THE RIDGE PENALTY

Simulation: Fitting models; extracting results

```
1 ## Generate design matrix
2 X <- cbind(x1, x2, x3, x4)
3
4 ## Choose values for tuning parameter
5 lambda <- seq(0.1, 100000, 1)
6
7 ## Create place to store results
8 results <- matrix(0, nrow = length(lambda), ncol = 4)
9 dfres <- matrix(0, nrow = length(lambda), ncol = 1)
10
11 for (j in 1:length(lambda))
12 {
13   ## Compute estimate, re-scale, and store results
14   bhat.lambda <- solve(t(X) %*% X + diag(lambda[j], 4)) %*% t(X) %*% y
15   results[j,] <- sdY*bhat.lambda/sds
16
17   ## Determine degrees of freedom
18   sv <- svd(X)$d
19   dfres[j,1] <- sum(sv^2/(sv^2 + lambda[j]))
20 }
```

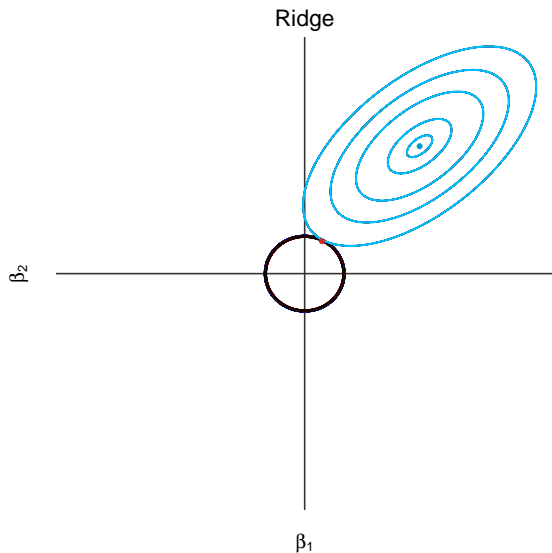
Simulation: Results of a single simulation



Solution to penalized least squares equations:

- Interestingly, $(\mathbf{X}^T\mathbf{X} + \lambda\mathbf{I})$ is invertible for all choices of $\lambda > 0$, even if $\mathbf{X}^T\mathbf{X}$ is singular. You will argue this on a homework problem!

THE RIDGE PENALTY



Ridge and Bayes:

- Suppose that $\mathbf{y} \sim \mathcal{N}(\mathbf{X}\boldsymbol{\beta}, \sigma^2\mathbf{I})$.
- Consider the Gaussian prior $\boldsymbol{\beta} \sim \mathcal{N}(\mathbf{0}, \tau^2\mathbf{I})$.
- It is straightforward to show that the posterior mode, $\hat{\boldsymbol{\beta}}_{\pi}$, is given by:

$$\hat{\boldsymbol{\beta}} = \left(\mathbf{X}^T\mathbf{X} + \frac{\sigma^2}{\tau^2}\mathbf{I} \right)^{-1} \mathbf{X}^T\mathbf{y}.$$

- Letting $\lambda = \sigma^2/\tau^2$ makes clear the connection with the ridge penalty.
- Bayesian methods can be understood more generally as shrinkage approaches (it is arguably one of the best ways to think about Bayesian methods).

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Objective function:

- There's no rule that says we *have* to penalize via the ℓ_2 -norm. Suppose we instead penalize based on the ℓ_1 -norm:

$$\hat{\boldsymbol{\beta}}_{\lambda} = \operatorname{argmin}_{\boldsymbol{\beta}|\lambda} \left\{ \frac{1}{2} \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 + \lambda \|\boldsymbol{\beta}\|_1 \right\}.$$

where $\|\boldsymbol{\beta}\|_1 = \sum_{k=1}^K |\beta_k|$.

- While a different choice of a penalty seems as if it should just be a technicality, the LASSO penalty actually produces very different behavior as compared to the ridge penalty.
- Geometrically, the fact that $\|\boldsymbol{\beta}\|^2$ is “circular” and $\|\boldsymbol{\beta}\|_1$ “has sharp corners” is what accounts for differences in behavior.

Objective function:

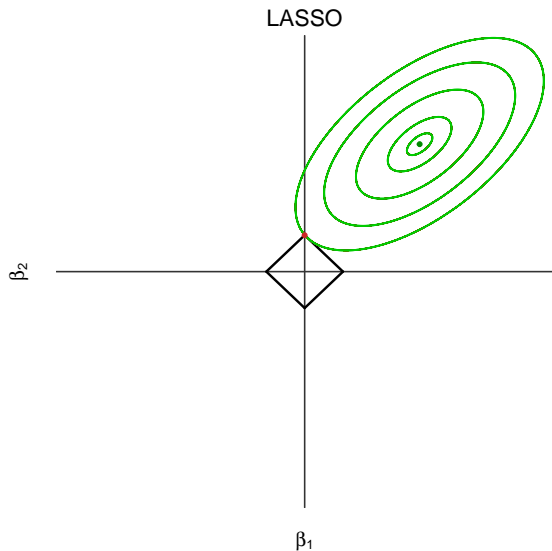
- Rephrasing the ridge penalty problem:

$$\underset{\boldsymbol{\beta}}{\text{minimize}} \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 \text{ subject to constraint } \|\boldsymbol{\beta}\|^2 \leq c$$

- Rephrasing the LASSO penalty problem:

$$\underset{\boldsymbol{\beta}}{\text{minimize}} \|\mathbf{y} - \mathbf{X}\boldsymbol{\beta}\|^2 \text{ subject to constraint } \|\boldsymbol{\beta}\|_1 \leq c$$

THE LASSO PENALTY



Geometry:

- While the ridge penalty shrinks coefficients *toward* zero, the LASSO penalty shrinks coefficients *to* zero.
- LASSO is said to perform “feature selection,” so that it allows you to determine a smaller set of predictors that must be measured to form a prediction on an external observation. This will have good performance when there are a large number of variables having no association with the outcome.
 - ▶ This is still a source of debate and controversy.
- On the other hand, ridge will perform better when most of the predictors are associated with the outcome.

Estimation:

- Sadly, there is no closed-form expression for the LASSO-penalized least squares problem.
- Instead, we rely on coordinate-descent algorithms to obtain numerical solutions. These algorithms are lightning-fast (same computational cost as ridge), but a pain to code.
- Under certain assumptions, the number of degrees of freedom used by the LASSO model can be shown to be estimated as the number of non-zero predictors selected into the model.

This unit:

- Degrees of freedom and complexity.
- The bias-variance trade-off.
- Regularization.
- The ridge penalty.
- The LASSO penalty.

SUMMARY: SO FAR

- Random vectors and matrices; multivariate normal theory.
- Ordinary least squares.
- Hypothesis testing and ANOVA.
- Weighted least squares.
- Misspecification.
- Confidence regions and prediction.
- Diagnostics.
- Regularization.

SUMMARY: COMING UP

- Bayesian regression.
- Exponential families.
- Generalized linear models.
- Sandwich and bootstrap.
- Quasi-likelihood.
- Hypothesis testing for GLMs.
- Diagnostics for GLMs.
- Further considerations for binary outcomes.
- Nonlinear least squares.